The 2nd Kyrgyzstan – Turkey Health Week (12-20 December 2015)
The 2nd Turkey-Kyrgyzstan Health Week (12-20 December 2015)

Physicians and health professionals from the Cardiology, Cardiovascular Surgery (adult and children), Pediatric Cardiology, Pediatric Surgery, Gynecology, Plastic Surgery, Urology, General Surgery, Anesthesia and Reanimation fields took part in the 2nd Turkey-Kyrgyzstan Health Week organized under coordination of the General Directorate of EU and Foreign Affairs.

1,623 patients were examined and 494 ECHO cardiograms were taken during the 2nd Turkey-Kyrgyzstan Health Week held on 12-20 December 2015. Out of 1,623 patients, 120 were operated. Moreover, 103 Kyrgyz health professionals were trained in seven different branches.
Names and fields of the personnel who were assigned in the health week are as follows:

Dr. Mehmet Rifat KÖSE, General Director of Health Researches
Dr. Selami KILIÇ, Head of International Health Policies Department
Ali ACAR, from the General Directorate of EU and Foreign Affairs

**Cardiology – Cardiovascular Surgery**
- Prof. Dr. İhsan Bakır
- Assoc. Prof. Dr. Korhan Erkanlı
- Specialist Dr. Erhan Kutluk
- Specialist Dr. Ender Öner
- Specialist Dr. Erkut Öztürk
- Specialist Dr. İbrahim Cansaran Tanıdıır
- Specialist Dr. Nihat Çine
- Dr. Bilge Yılmaz
- Perfusionist Ramazan Bacaksız
- Nurse Fikret Karayurt
- Nurse Seval Top

**Pediatric Surgery**
- Assoc. Prof. Dr. Çağatay Evrim Afsarlar

**Gynecology and Obstetrics**
- Op. Dr. Mehmet Baki Şentürk

**Urology**
- Assoc. Prof. Dr. Yılmaz Arslan

**Plastic Surgery**
- Prof. Dr. Uğur Koçer
- Op. Dr. Koray Gürsoy

**General Surgery**
- Assoc. Prof. Dr. Bülent Cavit Yüksel

**Ophthalmology**
- Op. Dr. Ümit Ekşioglu
### General Statistics of the Health Week

<table>
<thead>
<tr>
<th></th>
<th>Consultation</th>
<th>Training-Seminar</th>
<th>Operation</th>
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<tr>
<td><strong>Cardiovascular Surgery</strong></td>
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<tr>
<td><strong>Cardiology</strong></td>
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<tr>
<td><strong>General Surgery</strong></td>
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<td>18</td>
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<td><strong>Gynecology</strong></td>
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<td>27</td>
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<tr>
<td><strong>Plastic Surgery</strong></td>
<td>73</td>
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<td>25</td>
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<tr>
<td><strong>Pediatric Surgery</strong></td>
<td>87</td>
<td>6</td>
<td>18</td>
</tr>
<tr>
<td><strong>Ophthalmology</strong></td>
<td>101</td>
<td>15</td>
<td>10</td>
</tr>
<tr>
<td><strong>Anesthesia</strong></td>
<td>52</td>
<td>20</td>
<td>-</td>
</tr>
<tr>
<td><strong>Urology</strong></td>
<td>50</td>
<td>9</td>
<td>13</td>
</tr>
<tr>
<td><strong>ECHO</strong></td>
<td>494</td>
<td></td>
<td></td>
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<tr>
<td><strong>TOTAL</strong></td>
<td>1,623</td>
<td>103</td>
<td>120</td>
</tr>
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</table>
Delegation of the Ministry of Health arrived Os Province of Kyrgyzstan at 03:15 in local time and welcomed by the officials from the Ministry of Health of Kyrgyzstan. The Turkish delegation went to the hotel by the arranged cars and after some rest, departed to Os Regional Hospital at 12:30 on the same day. At the hospital, they were welcomed by Prof. Dr. Amangeldi Murzaliev, Deputy Health Minister of Kyrgyzstan and personnel of the hospital after which an introduction meeting was held.

During the meeting, Mr. Murzaliev expressed his pleasure for hosting our delegation in Kyrgyzstan as is the case in the 1st Kyrgyzstan-Turkey Health Week held on 25 July-2 August 2015. Underlining importance of the health weeks for both Kyrgyz nation and Kyrgyz health professionals, the Deputy Minister expressed his gratitude for the support of the friendly country Turkey.
Dr. Selami Kılıç, Head of International Health Policies Department under the General Directorate of EU and Foreign Affairs gave greetings of the Turkish Health Minister Dr. Mehmet Müezzinoğlu to Mr. Murzaliev, Deputy Health Minister of Kyrgyzstan and said that exchange of knowledge and experience would reinforce the ties of two friend countries even more. Moreover, he expressed his gratitude for their kindness and hospitality.

Following the meeting, the Turkish delegation attended the lunch hosted by Mr. Murzaliev, Deputy Health Minister of Kyrgyzstan.

After the lunch, the Turkish personnel visited the relevant hospitals accompanied by their Kyrgyz colleagues in their respective fields in order to evaluate the means of the hospitals and conditions of the patients.

- Cardiovascular Surgery and Cardiology: 100 examinations, 40 Echo
- Pediatric Surgery: 25 examinations
- Gynecology: 7 examinations, 1 operation
- Urology: 4 examinations
- Plastic Surgery: 31 examinations
- Ophthalmology: 7 examinations
- General Surgery: 9 examinations
- Anesthesia: 18 examinations,

were performed; patients were assessed and operation programs were arranged.
The Turkish delegation made coordination and evaluation meeting at the hotel. Considering means of 3 hospitals in Os where the health week would be held, it was understood that it was not possible to perform the cardiovascular surgeries at the Os Regional Hospital. In this context, Dr. Korhan Erkanlı, Head of Cardiology and cardiovascular Team and Dr. Selami Kılıç visited the Celalabad South Regional Cardiovascular Center where it was planned to provide the clinical and surgery services in the field of cardiology and cardiovascular surgery and they had the opportunity to assess the available conditions. Following the assessments, it was decided to perform the cardiology and cardiovascular surgeries in Celalabad and accommodate the CVS team in Celalabad due to long distance.
MONDAY, 14 DECEMBER 2015

On the first day of the health week program, the Turkish physicians were picked up from their hotel by their Kyrgyz colleagues in order to perform the planned examinations and operations.

Moreover, the personnel in the field of cardiology and CVS headed to Celalabad as planned before. The Turkish team who had moved to their hotel in Celalabad went to Celalabad South Regional Cardiology and Cardiovascular Surgery Center.
On the first day, the followings were performed by the Turkish physicians;

- CVS and cardiology: 90 examination, 1 operation, 86 Echo
- Pediatric surgery: 15 examination, 6 operation
- Gynecology: 20 examination, 5 operation
- Urology: 6 examination, 2 operation
- Plastic Surgery: 3 examination, 4 operation
- Ophthalmology: 30 examination
- General Surgery: 5 examination, 3 operation
- Anesthesia: 4 examination,
Press Conference

Dr. Selami Kılıç, Head of International Health Policies Department under the General Directorate of EU and Foreign Affairs, Prof. Dr. Uğur Koçer, Ali Acar and Prof. Dr. Aman-geldi Murzaliyev, Deputy Health Minister of Kyrgyzstan, Kubatbek Sadyrbekov, Head of Foreign Affairs Department and S. İlichbek Ergeshov, Mayor Oš held a press conference and answered questions of the press members.
During the press conference, the Deputy Minister Murzaliev underlined the fact that such organizations between two countries reinforce ties of both nations and strengthen our brotherly relations. Mentioning Turkey’s support for Kyrgyzstan, Mr. Deputy Minister thanked to Dr. Selami Kılıç, TIKA Kyrgyzstan Office and Turkish nation for their efforts in the performance of joint works and projects.

On behalf of the Turkish delegation, Dr. Selami Kılıç stated the historical brotherhood of Kyrgyzstan and Turkey and said that the recent high-level visit and projects strengthened the relations between both countries.
He also stated that our cooperation is ongoing in such fields as strengthening of health systems, fighting with communicable diseases and vaccination, development of hospital management systems and hospital information systems, maternal-child health, health statistics, medication-pharmacy and medical devices as well as the medical tourism.

Dr. Kılıç concluded his words saying that such joint projects as the ongoing treatments of the Kyrgyz patients in Turkey under the Cooperation Agreement and training of the Kyrgyz health professionals will hopefully strengthen the friendly bridges between two countries.

On the same day, Deputy Health Minister Amangeldi Murzaliev, Dr. Selami Kılıç and Ali Acar visited the hospitals where operations were performed by the Turkish physicians.
TUESDAY, 15 DECEMBER 2015

On the second day, the followings were performed by the Turkish physicians;

- CVS and cardiology: 125 examination, 2 operation, 87 Echo
- Pediatric surgery: 8 examination, 2 operation
- Gynecology: 22 examination, 4 operation
- Urology: 8 examination, 4 operation
- Plastic Surgery: 9 examination, 5 operation
- Ophthalmology: 1 examination, 5 operation
- General Surgery: 5 examination, 2 operation
- Anesthesia: 5 examination,

Dr. Mehmet Rifat Köse, General Director of Health Researches, Dr. Selami Kılıç and Ali Acar visited the Oş Regional Gynecology Hospital and received information about the hospital from the officials of the hospital.

The relevant hospital is located in the south of Kyrgyzstan; provides obstetrics services and works as a prenatal center with 190 beds (12 intensive care beds for adults, 12 intensive care beds for newborns, 3 incubators, 3 ventilators). However, the officials of the hospital stated that they has some problems regarding the number of medical devices in proportion with the number of newborn intensive care beds.
Visit to the Office of Deputy Mayor of Oş, Mr. S. İlîchbek Ergeshov

Dr. Mehmet Rifat Köse, Head of Delegation, Ali Acar, Kubatbek Sadyrbekov, Head of Foreign Affairs Department of Kyrgyz Ministry of Health and Dr. Abdilatip Shamshiev, Health Manager of Oş visited Deputy Mayor of Oş Mr. S. İlîchbek Ergeshov in his office.

Mr. S. İlîchbek Ergeshov expressed his satisfaction for seeing the Turkish delegation in Oş. Underlining importance of the opportunities provided to the Kyrgyz with the organized health weeks, he thanked on behalf of himself and the Oş people for the good works of the Turkish delegation.
Underlining brotherhood of the Turkish and Kyrgyz nations for 3000 years, Mr. Ergeshov stated that the Turkish Cooperation and Coordination Agency (TIKA) made investments of millions of dollars in Kyrgyzstan, the joint projects would lay foundations for a brighter future and they would undertake any liability to carry friendship of two countries forward.

Dr. Mehmet Rifat Köse, Head of Turkish delegation, thanked to the Mayor for hosting them and said that history and relations of both nations go back to very old times and we are the children of the same ancestors.

Dr. Köse further stated that Turkey is the first country to recognize the independence of Kyrgyzstan and Turkey used its means for Kyrgyzstan and that currently 100 Kyrgyz patients, who cannot be treated in Kyrgyzstan, are being treated in Turkey under the cooperation agreements; but this number is not sufficient as they would like to fix this by organizing health week in Kyrgyzstan.
Dr. Mehmet Rifat Köse continued his speech saying that such organizations should be held to increase mutual exchange of knowledge and experience between the Turkish and Kyrgyz physicians and expressed his thanks for provision of such an environment.

During this visit, Mr. Kubatbek Sadyrbekov, Head of Foreign Affairs Departments thanked to the Turkish delegation on behalf of the Ministry of Health of Kyrgyzstan and underlined importance of health week organization for Oş province and the Kyrgyz nation and the support it provides for the Kyrgyz.
Visit to Mr. Taalaybek Sarybashov, Governor of Oş in his Office

Dr. Mehmet Rifat Köse, Ali Acar, Kubatbek Sadyrbekov, Head of Foreign Affairs Department of the Kyrgyz Ministry of Health and Dr. Abdilatip Shamshiev, Health Director of Os visited Governor of Os, Taalaybek Sarybashov in his office.

During the meeting, Mr. Governor stated that he is aware of the aids provided by Turkey in the region and expressed his appreciation on behalf of himself and Oş province for these aids. Saying that they are ready to provide any assistance for continuation of the relations between two countries, Mr. Sarybashov expressed that he was especially moved when he heard that 100 Kyrgyz patients are being treated in Turkey free of charge.
The Head of Turkish Delegation Dr. Mehmet Rifat Köse thanked to Mr. Governor for accepting them in his office and said that such solidarity activities between Turkey and Kyrgyzstan are the condition of the brotherhood since the number of the Kyrgyz patients – 100 Kyrgyz patients – treated in Turkey is not sufficient, they organized the health week in Kyrgyzstan in order to make up for it.

Providing information regarding the 2nd Turkey-Kyrgyzstan Health Week, Dr. Mehmet Rifat Köse said that it was targeted to organize conferences to ensure exchange of knowledge between the Turkish and Kyrgyz physicians and planned to perform 100 operations during the health week.

Mentioning contribution of Dr. Mehmet Müezzinoğlu, the Turkish Minister of Health, and Mr. Talantbek Batraliyev, the Kyrgyz Minister of Health in the health-related development, Dr. Köse said that organization of the 2nd health week in Kyrgyzstan within 1 year following execution of the Agreement evidences the importance Dr. Mehmet Müezzinoğlu attaches to Kyrgyzstan.

Mr. Kubatbek Sadyrbekov, Head of Foreign Affairs Department of the Kyrgyz Ministry of Health also thanked to Mr. Governor for accepting the Turkish delegation and expressed his confidence in the contribution of the health week organization to the health of the Kyrgyz.

Following the dinner, physicians and the other members of the delegation came together to evaluate the situation and plan the next day.
WEDNESDAY, 16 DECEMBER 2015

On the third day, the followings were performed by the Turkish physicians;

CVS and cardiology: 135 examination, 2 operation, 107 Echo
Pediatric surgery: 5 examination, 5 operation
Gynecology: 17 examination, 5 operation
Urology: 9 examination, 2 operation
Plastic Surgery: 16 examination, 5 operation
Ophthalmology: 33 examination
General Surgery: 5 examination, 5 operation
Anesthesia: 9 examination,
Visit to Celalabad South Regional Cardiology and Cardiovascular Surgery Center

Dr. Mehmet Rifat Köse, Head of Turkish Delegation, Mr. Kubatbek Sadyrbekov, Head of Foreign Affairs Department of the Kyrgyz Ministry of Health, Dr. Abdülatip Shamsiev, Health Director of Oş province and Mr. Jumagul Egamberdieva, Mayor of Celalabad visited the Celalabad South Regional Cardiology and Cardiovascular Surgery Center.

During the press conference held at the hospital, Dr. Mehmet Rifat Köse informed the press members concerning the operations performed during the health week and the current cooperation between the Ministry of Health of the Republic of Turkey and Ministry of Health of the Republic of Kyrgyzstan.

Following the press meeting, Mr. Governor met with the Turkish team performing the operations.

Moreover, Celalabad Regional Hospital was visited and delivery service and newborn intensive care centers were examined. It was observed that the newborn intensive care center was not sufficiently equipped, there were only 2 incubators and phototherapy devices were not sufficient. Following the visit, the Turkish delegation met with Health Director of Celalabad to receive information about the province.

Following the dinner, physicians and the other members of the delegation came together to evaluate the situation and plan the next day.
**On the fourth day, the followings were performed by the Turkish physicians:**

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<tr>
<th>Specialty</th>
<th>Examinations</th>
<th>Operations</th>
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<tbody>
<tr>
<td>CVS and cardiology</td>
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<td>2</td>
</tr>
<tr>
<td>Pediatric surgery</td>
<td>32</td>
<td>3</td>
</tr>
<tr>
<td>Gynecology</td>
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<tr>
<td>Urology</td>
<td>16</td>
<td>3</td>
</tr>
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<td>Plastic Surgery</td>
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<tr>
<td>Anesthesia</td>
<td>9</td>
<td></td>
</tr>
</tbody>
</table>
Visit to the Operated Patients

The Turkish delegation, officials from the Kyrgyz Ministry of Health and the press members visited the patients at the Cardiology, Pediatric Surgery, Gynecology, Urology, Plastic Surgery, Ophthalmology and General Surgery hospitals where the Turkish delegation worked.
During visit of the patients at Oş Regional Pediatric Hospital, Dr. Mehmet Rifat Köse made an interview with the Kyrgyz press members and answered to the questions regarding planning process of the health week, selection of the staff, selection of the Kyrgyz patients and continuity, objective and consequences of this project.

During this press conference, Prof.Dr. İhsan Bakır provided information about the technical support which is necessary to perform the pediatric cardiovascular operations in Oş and the operations performed in Celalabad.
Visit to the Dostluk Polyclinic Constructed by TİKA in Oş

Following the hospital visits, the polyclinic constructed by the Turkish Cooperation and Coordination Agency in Oş was visited and the officials of the polyclinic provided information about the clinical services.

Following the dinner, physicians and the other members of the delegation came together to evaluate the situation and plan the next day.
FRIDAY, 18 DECEMBER 2015

On the fifth day, the followings were performed by the Turkish physicians:

- CVS and cardiology: 82 examination, 2 operation, 75 Echo
- Pediatric surgery: 2 examination, 2 operation
- Gynecology: 16 examination, 6 operation
- Urology: 7 examination, 2 operation
- Plastic Surgery: 3 examination, 6 operation
- Ophthalmology: 15 examination
- General Surgery: 3 examination, 3 operation
- Anesthesia: 7 examination

Dr. Selami Kılıç and Prof. Dr. İhsan Bakır departed from Oş to Celalabad at 07:30 and joined the cardiovascular surgery team in Celalabad. After the visit of the Celalabad Health Directorate, they returned to Oş together with the cardiovascular surgery team.

The Head of Delegation Dr. Mehmet Rifat Köse visited the Oş Regional Hospital and Oş Municipality Gynecology Hospital and exchanged opinions about maternal mortalities and causes thereof.
SATURDAY, 19 DECEMBER 2015

Meeting with Prof. Dr. Talantbek Batraliyev, Minister of Health of Kyrgyzstan:

Prof. Dr. Batraliyev, Minister of Health of Kyrgyzstan, visited the Turkish delegation in their hotel and held an evaluation meeting. He expressed his satisfaction for the success of the 2nd Turkey-Kyrgyzstan Health Week and sent his regards and greetings to Dr. Mehmet Müezzinoğlu for his supports to the Kyrgyz citizens. He also expressed his congratulations for reappointment of Dr. Mehmet Müezzinoğlu as the Minister of Health.

Mr. Batraliyev stated that the foundations of the hospital which is planned to be built by TIKA in Bishkek have not been laid yet; Mr. President Almazbek Atanbayev and he attach great importance to this project and considering the coming Presidency elections, they wish construction of the foundations without delay.
He demanded a new regulation for follow-up of the Kyrgyz patients, who are treated in Turkey free of charge, after their treatment is completed.

Mentioning very high maternal and infant mortality rates in Kyrgyzstan and their efforts to reduce these mortalities, Mr. Minister Batraliyev said that they expect Turkey to assign specialist physicians for 3-month periods in Gynecology and Obstetrics and Anesthesia and Reanimation fields at Oş and Celalabad Hospitals.

He also stated that they are trying to amend the curriculum of the specialization training at the medical faculties of Kyrgyzstan and they would like to take the Turkish training system as an example.

The Head of Delegation Dr. Mehmet Rifat Köse, General Director of Health Researches, provided detailed information to the hosting Minister regarding the 2nd Turkey-Kyrgyzstan Health Week and said that he will submit the requests of the Mr. Minister to Dr. Mehmet Müezzinoğlu, Health of Minister of the Republic of Turkey.
Following the meeting, a press conference was held at the hotel and Mr. Minister Talantbek Batraliyev and Head of Delegation Dr. Mehmet Rifat Köse provided information to the press members regarding the studies and consequences of the 2nd Turkey-Kyrgyzstan Health Week.

Due to cancellation of the Oş-Istanbul flight of Turkish Airlines because of adverse weather conditions, the Turkish delegation that got prepared to come back to Turkey at the same night had to stay in Oş until 22 December 2015, date of the following flight. Within this period, meetings were held with Mr. Zhanybek Kudaibakovich, Dean of the Medical Faculty of Oş and Director of the Foreign Affairs Department of Oş University. Periodic information was received from Dr. Abdilatip Shamshiev, Provincial Health Director of Oş, regarding the conditions of the operated patients.